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**11th OLYMPIC GAMES FOR STUDENTS OF UNIVERSITIES
OF THE THIRD AGE**

**General Instructions (SEMI Final – 15-06-2022)**

**Organiser**: Technical University in Zvolen, University of the Third Age,

 Institute of Physical Education and Sport

**Date**: 16th – 17th September, 2022 (Friday – Saturday)

**Venue**: University Sport Hall – street - T. G. Masaryka 20

**Registration**: 16th September, 2022, 8:00 – 8:45, University Sport Hall – street - T. G. Masaryka 20

**Beginning**: 16th September, 2022, 9:00, Masaryka 20, University Sport Hall – street - T. G. Masaryka 20

**Finish:** 17th September, 2022

**Organisers**: Erik Selecký – chief organiser +421918730375 erik.selecky@tuzvo.sk,

Dana Stimelova – manager of UTA +421918730376 dana.stimelova@tuzvo.sk

**15th September, 2022 - Thursday**

Accomodation: Technical university, Old University Dormitory, street - Študentská 17, Zvolen (or Študentská 27)

**16th September, 2022 - Friday**

08:00 – 08:45 – arrivals and registration (Sport Hall, Masaryka 20, Zvolen)

09:00 – 09:15 – opening ceremony (Sport Hall, Masaryka 20, Zvolen)

1. **Block**

09:30 – 10:30 – Zumba

10:30 – end of the first block

1. **Block**

10:30 – competitions: Table tennis tournament, Shooting sport competition, Armwrestling (only one sport for participant)

13:00 – end of the second block

1. **Block**

14:00 – 16:00 – competition “The most versatile athlete”

16:00 – end of the third block

1. **Block**

18:00 – Sports Academy – evening programme for the participants + evaluation of the first day competitions (Category: Male, Women; Age: from 50 - 65, 65 – more)

19:30 – dinner, social evening, disco – with DJ LODY, Conference Hall, Študentska 17, University Dormitory

22:00 – end of the first day

**17th September 2022 - Saturday**

Bowling tournament (responsible person – Mr.Selecky +421918730375)

09:00 – Check point University Dormitory (Studentska 27), go to Bowling center

09:30 – 12:30 Sport competition

12:30 – 13:00 Lunch (in Bowling center or in Dormitory)

13:00 – 13:30 Evaluation

14:00 – Free program – Zvolen historical center (beautiful view from Zvolen Tower), Banská Bystrica – 20 km from ZV historical center (transport: train or bus), Kováčová - thermal water (<http://holidaypark.sk/>), Zvolen castle – <https://www.sng.sk/en/zvolen>

**18th September 2022 – Sunday**

Departure of participants

**INFO:**

**Fees** – 15 Eur/participants

**Accommodation:** 2 nights (from 3) or 1 night (from 2) free for foreign participants (other night – 15 Eur/night) – University Dormitory

**Meals:** Free (Saturday – lunch-baguette; dinner; Sunday – lunch) – University Dormitory